

# The Lifeline Review

*"Achieving Academic Excellence"*





**November 2009**

357 E. Palmer Street ☒ Compton, CA 90221 ☒ Phone 310-605-2510 ☒ Fax 310-764-4890

**"Quote of The Month"**

The best way to make your dreams come true is to wake up.

**Paul Valery**

SUN	MON	TUES	WED	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11 Veteran's Day 	12	13 End of First Quarter	14
15	16	17	18 PTC/PTA Conferences	Thanksgiving Holiday No School 	19	21
22	23	24	25	26	27	28
29	30					

It is the policy of the Lifeline Education Charter School to provide equal educational and employment opportunities, and to provide services and benefits to all students and employees without regard to race, color, religion, disability, national origin, gender, marital status, and change in marital status, pregnancy, parenthood or other prohibitions. This policy is consistent with numerous laws, regulations, and executive orders enforced by various federal, state, and municipal agencies, including but not limited to Executive Order 11246, Title 41, part 60-1, 60-2, 60-3, 60-20, Title VI and VII of the 1964 Civil Rights Act, Title IX of the Education Amendments Act of 1972, and Section 504.

Inquiries or complaints may be addressed to the School's Business Manager, 357 E. Palmer St, Compton, CA 90221, (310) 605-25102 or to any of the following external agencies: California Department of Justice, Director of the Office for Civil Rights, Department of Education, Department of Health and Human Services.

## A Message From our Director.....

Dear Parents:

It is during this time of year that I often reflect upon all of the things I am thankful for. Family, friends and co-workers immediately come to mind. I am thankful for my children, for the opportunity to work with such great people on a daily basis, for health, especially in light of this flu season, and for the trust that our school community places in us to educate our students. I appreciate and am thankful for our parents, students, faculty and everyone who has shown enthusiasm and support. Lifeline is a very safe, uplifting and special place for our children and this is made possible by the great community of togetherness we have established through one another. We appreciate all your effort in supporting your children.

We are now entering the third month of school and it seems like it was only a short time ago when we started the 2009-10 school year. I can already see a great increase in academics, attendance, and total overall progress as a school. Please continue to send your children prepared to learn each and everyday. A good breakfast, adequate sleep, and structure environments all support students' success at school. Also, remember the first bell rings at 8:00am every morning. Arrival on time to class is one more way to create success in school. Let's keep up the good work.

With the Thanksgiving Holiday approaching, I would like to wish everyone a safe and happy holiday.

**Ms. P. DeGroat**  
*Director*

### Gates Millennium Scholars

Students who have significant financial need, demonstrate leadership skills and are African American, American Indian/Alaska Native, Asian Pacific Islander American or Hispanic American are strongly encouraged to apply for a scholarship for any U.S. Accredited college with renewable funding for up to 5 years in any discipline at the undergraduate level. Requirements; GPA of 3.3, and must meet Federal Pell Grant eligibility criteria. Students who might be eligible can register within the Online Communities tab at [www.gmsp.org](http://www.gmsp.org).

### Medication at School

If your child requires a prescription medicine while at school, you will either need to come to the school and give it to them or obtain the proper release forms from our office in order for us to give the medicine. Over the counter medicine requires a form. We do not supply medicine. PARENTS must bring in the medicine (prescription and over the counter) and sign it in with the main office. PLEASE do not send ANY medicine with your child. It will be confiscated and properly disposed.

### AP and Concurrent Enrollment Courses

As college admission standards tighten and postsecondary costs go up, more students, parents, and educators are interested in ways to meet these demands. Earning college credit during high school has emerged as an attractive solution. Getting a head start on college credits means students are better prepared for postsecondary study and often allows them to complete a program of study quicker, saving time and money.

There are several forms of early college credit:

Advanced Placement (AP) courses are college-level courses administered by [College Board](http://CollegeBoard.com). AP courses are typically offered by a student's local school. To earn college credit, students must take an AP exam – college credit granted is based on the student's test score and determined by the awarding college. According to College Board, over 90% of U.S. colleges and universities as well as colleges in 20 other countries give credit for AP exams.

Concurrent Enrollment means a student is enrolled in both high school and college courses at the same time. It is especially common for students with a partial high school schedule to begin taking college courses during their senior year. Students may leave their high school campus to attend a local college class, or will take college courses online. Credit earned will generate an official college transcript which can then be submitted to any college or university of the student's choice.

## Please Help Lifeline Avoid Classroom Interruptions

If you know you will be checking your student out early, please send a note with him/her the morning of the check out. They should bring the note to the attendance office and I will give them an "Early Dismissal Form" to get out of class 5 minutes prior to the appointed time. They will give the pass to their teacher and leave class at the appropriate time. You will not need to come in and sign them out if this process is followed.

If this process is not followed, you will need to come into the office and sign your student out. We then have to interrupt the classroom by calling for your student. Sometimes we are unable to locate your student immediately, causing you to be late for your appointment or event.

Thank you for your cooperation and your help.

**Ms. Irma Medina**  
Registrar

### Tips for taking care of children with the flu:

- *Stay home if you or your child is sick* until at least 24 hours after there is no longer a fever or signs of a fever (without the use of fever-reducing medicine). Keeping sick students at home means that they keep their viruses to themselves rather than sharing them with others. Stay home even if taking antiviral medicines.
- *Cover coughs and sneezes. Clean hands* with soap and water or an alcohol-based hand rub often and especially after coughing or sneezing.
- *Keep sick household members in a separate room* (a sick room) in the house as much as possible to limit contact with household members who are not sick. Consider designating a single person as the main caregiver for the sick person.
- *Monitor the health of the sick child and any other household members* by checking for fever and other symptoms of flu. A fever is a temperature taken with a thermometer that is equal to or greater than 100 degrees Fahrenheit (37.8 degrees Celsius). If you are not able to measure a temperature, the sick person might have a fever if he or she feels warm, has a flushed appearance, or is sweating or shivering.
- *Watch for emergency warning signs* that need urgent medical attention. These warning signs include: fast breathing or trouble breathing, bluish or gray skin color, not drinking enough fluids, not urinating or no tears when crying, severe or persistent vomiting, not waking up or not interacting, being so irritable that the child does not want to be held, pain or pressure in the chest or abdomen, sudden dizziness, confusion, flu-like symptoms improve but then return with fever and worse cough
- *Check with your doctor about any special care* needed for household members who may be at higher risk for complications from flu. This includes children under the age of 5 years, pregnant women, people of any age who have chronic medical conditions (such as asthma, diabetes, or heart disease), and people age 65 years and older.
- *Have the sick household member wear a facemask*, if available and tolerable when sharing common spaces with other household members to help prevent spreading the virus to others. This is especially important if other household members are at high risk for complications from flu.
- *Ask your doctor about antiviral medicines or fever reducing medicines* for sick household members. Do not give aspirin to children or teenagers; it can cause a rare but serious illness called Reye's syndrome.
- *Make sure sick household members get plenty of rest and drink clear fluids* (such as water, broth, sports drinks, electrolyte beverages for infants) to keep from being dehydrated.

### Student Notes:

**Seniors:** should begin to look at scholarship opportunities and Financial Aid information that are available in the main office. This is a very important part of the college process and it is up to the student and family to meet these deadlines. For scholarship information, contact the main office.

**Juniors:** should be keeping grades up since this is a crucial year on the transcript.

**Sophomore and Freshman:** These are important years to be learning and demonstrating good study habits. If extra help is needed, it is important to talk to teachers or guidance counselors to find ways to improve grades.

**Middle School Students:** are working with Guidance in the areas of academics and personal development.